



## Welcome to the Lab!

*Empowering educators with the tools to positively impact lasting behavioural change in the classroom.*

### What is Behaviour Solutions Lab?

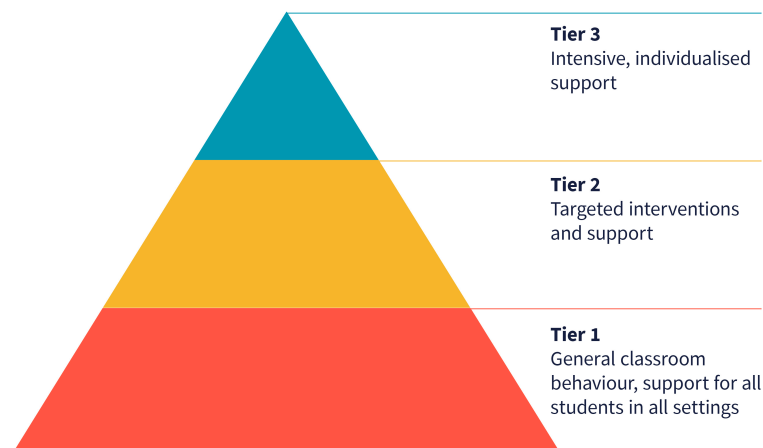
Behaviour Solutions Lab has developed a platform (the Lab) and behavioural support service intended to provide educators with immediate tools to positively impact lasting behavioural change in the classroom. The Lab is a collection of short videos (average 2-5 minutes), companion documents summarising the video content, resources and podcast focused on the fundamentals of behaviour. Within the Lab you will find the tools and information you need to address a wide range of behavioural challenges. Included are strategies for addressing common classroom behaviours, Autism, ADHD and Executive Functioning. In addition to the Lab, educators have the opportunity to work with a qualified behaviour specialist who supports educators through group instruction and workshops.

### How can the Lab support your school?

The Lab supports educators in building their knowledge and understanding of the fundamentals of behaviour, Autism, ADHD and Executive Functioning through short videos and companion documents, as well as an extensive resource section. In addition to a license that gives schools access to all of the content within the Lab, schools have the opportunity to work with a Board Certified Behaviour Analyst (BCBA) who tailors each workshop to the needs of the school.

### What behaviours does the Lab address?

The Lab was designed to address Tier 1 behaviours.



## How is the Lab structured?

The Lab explains the principles of behaviour in short, easy to understand, videos. We have taken larger topics and concepts and broken them down. Each video is 2-5 minutes and can be viewed from any computer or mobile device at anytime (\*with the exception of maintenance hours).

The Lab has been broken down into:

- **General Behaviour Topics** (e.g. data collection, function of behaviour, replacement behaviours, interventions, reinforcement of behaviour and more)
- **Autism** (e.g. an explanation of the diagnosis, tips & strategies for supporting ASD students and more)
- **ADHD** (e.g. an explanation of the diagnosis, tips & strategies for supporting ADHD students and more)
- **Executive Function** (e.g. an explanation of executive functions, a break down of the executive functions with tips & strategies for strengthening those skills and more)

Companion documents summarising the content have been created for many of the videos and can be downloaded for easy reference.

## What else should you know?

- Behaviour Solutions Lab services should be viewed as ongoing professional development. It contains information that will help develop your knowledge and understanding of behaviour year after year.
- In addition to the Lab, your school will have access to a behaviour specialist who will support educators in their understanding and application of behaviour principles.
- Consultation with the behaviour specialist is not a service for individual cases, but rather intended for group learning.
- New content is added every month to the Lab (e.g. videos, articles, podcast episodes, companion documents and/or articles related to behaviour).
- A section for SEL (Social Emotional Learning) will be added in the near future.
- Positive behaviour change is a process that takes time, a shift in perspective and a little effort. It's worth the effort!