Behaviour Solutions Lab

Welcome to the Lab!

Empowering educators with the tools to positively impact lasting behavioural change in the classroom.

What is Behaviour Solutions Lab?

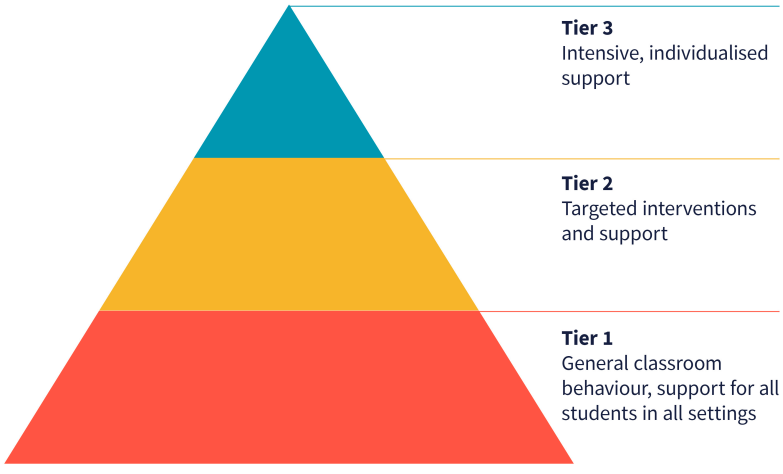
Behaviour Solutions Lab was created for educators. It is a collection of videos and related content (e.g. companion sheet downloads, podcast & relevant articles), designed to strengthen fundamental understanding and knowledge of behaviour. The behaviour of teachers has a direct impact on their students and they have the power to create lasting positive behavioural changes.

How can the Lab support your school?

The Lab can support your school by helping to strengthen the behaviour skills of your educators. In addition to a license that allows you to access the lab, you will receive 5 hours of consultation with a Behaviour Solutions Lab qualified behaviour specialist (BCBA - Board Certified Behaviour Analyst). The specialist will support teachers with understanding and implementation of behaviour principles.

What behaviours does the Lab address?

The Lab was designed to address Tier 1 level behaviours.



How is the Lab structured?

The Lab explains the principles of behaviour in short, easy to understand, videos. We have taken larger topics and concepts and broken them down. Each video is 2-5 minutes and can be viewed from any computer or mobile device at anytime (*with the exception of maintenance hours).

The Lab has been broken down into:

- **General Behaviour Topics** (e.g. data collection, function of behaviour, replacement behaviours, interventions, reinforcement of behaviour and more)
- **Autism** (e.g. an explanation of the diagnosis, tips & strategies for supporting ASD students and more)
- **ADHD** (e.g. an explanation of the diagnosis, tips & strategies for supporting ADHD students and more)
- **Executive Function** (e.g. an explanation of executive functions, a break down of the executive functions with tips & strategies for strengthening those skills and more)

Many of the videos are accompanied with companion sheets that can be downloaded for easy reference.

What else should you know?

- Behaviour Solutions Lab should be viewed as ongoing professional development. It contains information that will help develop your knowledge and understanding of behaviour year after year.
- In addition to the Lab, your school will have access to a behaviour specialist who will support faculty in their understanding and application of behaviour principles.
- Consultations with the specialist is not a service for individual cases.
- Monthly content additions to the Lab (e.g. videos, articles, podcast episodes, companion documents and/or articles related to behaviour).
- A section for SEL (Social Emotional Learning) will be added in the near future.
- Positive behaviour change is a process that takes time, a shift in perspective and a little effort. It's worth the effort!